



MEDIC
First Aid



Basic Plus ~ G2010

MEDIC First Aid *Basic Plus* is a combined adult CPR, AED, and first aid training program designed specifically for the occupational first aid provider. This extremely flexible program will help employers meet OSHA and other federal and state regulatory requirements for training employees how to respond and care for medical emergencies at work.

The program is based upon the 2010 International Consensus on Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC) Science with Treatment Recommendations (CoSTR) and other evidence-based treatment recommendations.

Intended Audience

- Individuals who require or desire elementary CPR and first aid knowledge and skills with a focus on adults.
- Occupational first aid providers

Program Aid

- ❖ Student Guide
- ❖ Video - HD
- ❖ Hand On Practical Training

Successful Completion (Certification)

Written Evaluation:

Candidates are required to pass a written evaluation at the end of the training session. Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.

Performance Evaluation:

All students must perform required skills competently without assistance.

Important Considerations

Recognized Certification Period

Up to 2 years

Recommended Time to Complete

Initial training: 4–5 hours

Program Approval

MEDIC First Aid programs conform to national standards and are based on the same scientific guidelines and treatment recommendations used by the American Heart Association (AHA) and American Red Cross (ARC) for course development.

MEDIC First Aid training programs are nationally approved and are recognized endorsed or accepted by many state regulatory agencies. Additionally, MEDIC First Aid programs have been found acceptable for meeting the requirements established by a wide variety of accreditation organizations, professional associations, and councils.

MEDIC First Aid programs are accepted as equivalent to the AHA and ARC by many state regulatory authorities, the Department of Homeland Security United States Coast Guard, and others. MEDIC First Aid is consistent with OSHA's best practices for first aid training programs.

MEDIC First Aid emergency care programs require hands-on performance of basic first aid and CPR skills evaluated by an authorized instructor.

EASY FOR YOUR PEOPLE. EASY FOR YOUR BUSINESS. EASY FOR YOU.